HAVE A STUDENT THAT NEEDS WELLNESS SUPPORT?

START HERE

Is this an immediate risk or serious mental/physical health concern?

- **Yes** → **Is this during office hours Monday-Friday 8 am - 4:30 pm?**
  - **Yes** → **Connect them with TRACS by walking them over to TRACS or call (859) 218-7227 + Complete a Get Help Form (see QR code/link)**
  - **No** → **Contact UKPD at (859) 257-8573 + Complete a Get Help Form (see QR code/link)**
- **No** → **Does the student want support from the Engineering Wellness Center?**
  - **No** → **Complete a Get Help Form (see QR code/link)**
  - **Yes** → **Explore appointment types offered at the Engineering Wellness Center**
    - Wellness Advising sessions
      - Open, flexible conversations centered on their needs
    - Wellness Planning visits
      - Structured sessions to reflect on their wellness practices
    - Integrated Success Coaching
      - Personalized action plans and accountability for them
    - **Yes** → **Can they find an appointment within the next week on the EWC booking site?**
      - **Yes** → **Book an EWC appointment via QR code/link (appointments required) + Complete a Get Help Form (see QR code/link)**
      - **No** → **Connect the student with TRACS + Complete a Get Help Form (see QR code/link)**

Get Help Form (TRACS)

Book Appointment (EWC)

University of Kentucky Campus Resources

Engineering Wellness Center (EWC)
- (859) 257-9203 [351 Ralph G. Anderson Building]

Triage, Referral, Assistance, and Crisis Support (TRACS)
- (859) 218-7227 [Gatton Student Center, East Wing, 2nd floor]

Center for Support and Intervention (CSI)
- (859) 257-3755 [Frazee Hall, 3rd Floor]

UK Police (Non-Emergency)
- (859) 257-8573 [UKPD, 152 Transcript Ave]

Disability Resource Center (DRC)
- (859) 257-2754 [Multidisciplinary Science Bldg, Suite 443]

Violence Intervention Prevention Center (VIP)
- (859) 257-3574 [Multidisciplinary Science Bldg, Suite 401]

Engineering Wellness Center (EWC) | 351 Ralph G. Anderson Building | EngineeringWellnessCenter@l.uky.edu